

TREATMENT GOALS

Patient Name _____ Date _____

Based on Exam Findings From Exam Date _____

TREATMENT GOALS

- Pain Relief
- Functional Improvement
- Supportive Care

- Arrest Degeneration
- Preventative Care
- Condition has Resolved with Residuals
- Condition has Resolved without Residuals

SPECIFIC TREATMENT GOALS

- Manage Pain at Home with TENS
- Reduce Pain
- Reduce Muscle Spasm
- Reduce Edema
- Decompress Irritated Nerve Root
- Facilitate Soft Tissue Healing

- Improve Flexibility
- Improve Strength
- Improve Endurance
- Improve Coordination
- Improve Balance

Doctor's Signature

Doctor's Printed Name